

GENERATION SCHOOLS NETWORK & EMPOWERING EDUCATION

PROFESSIONAL DEVELOPMENT OFFERINGS

Our professional development workshops are engaging and interactive. Led by educators with experience leading successful schools, our workshops cover a wide variety of topics related to social and emotional learning. The workshops below are representative. GSN has delivered hundreds of PDs and has a rich bank of resources at the ready, as well as the ability to create customized trainings.

TOPICS

The Basics: Social-Emotional Learning (SEL) & Mindfulness

In this training, we cover all the basics about SEL and mindfulness: what they are, why they matter, and how they are not just one more thing teachers should do but rather are evidence based practices that will provide countless benefits to your school and students' lives.

Trauma-Informed Teaching

With almost half the nation's children experiencing one or more serious traumas before the age of 18, it is more important than ever that schools use trauma-informed practices. The Trauma-Informed Teaching Training introduces teachers to the prevalence of trauma, adverse childhood experiences (ACEs), the needs of students who have experienced trauma, and specific trauma-informed teaching interventions.

SEL & Classroom Management

Classroom management is not separate from social and emotional learning, it's a prime opportunity to model and teach important skills of self-regulation, self-awareness, communication, and more. This training also explores what it means to manage a classroom in a way that advances social and emotional learning.

Exploring Culture, Identity, & Social Justice

During this training, participants explore the integration of culture, identity and social justice. We will examine the impact of student worldview and beliefs on shaping self-image and discuss strategies for cultivating empathy for the lived experiences of others.

SEL & Executive Function

Participants learn and understand the complexities of and why students struggle with Executive Functioning, engage in activities to develop skills to implement with their students to support and develop Executive Functioning strategies, and explore instructional resources to utilize in their classrooms/work with students.

Teacher Self-Care: Building Resilience & Inner Strength

This session gives staff resources to help build their emotional capacity, coping strategies toolbelt, and resilience so that they can better care for themselves in and out of the classroom as well as serve their students more effectively. Strategies around building resilience and gratitude will be shared in addition to self-care activities and resources.

TESTIMONIALS

"A great opportunity to get introduced to SEL and how to implement it in your classroom, as well as a good opportunity to look into some resources that will help bring SEL into your classroom." - Kariely R., 1st grade teacher, NY

"GSN provides wonderful mindfulness activities that are easily integrated into the school day - no stress, just doable!" - Roselyn B., Counselor, AZ

"The foundation for every teacher's action plan when dealing with trauma based teaching!" - Bill P., ELA Teacher 4th and 5th Grade, FL

"This workshop is very powerful. It reminds me what my purpose is as a teacher. I want to help students in need and this workshop was insightful, motivating and informational towards my goals as a teacher." - Stacey E., High School Math Teacher, TX

"Engaging and thoughtful! This is a very important conversation to have to help teachers, administrators, and parents see the whole child. By being aware of what trauma and crisis look like, and by having the tools and strategies we need to address that, we can help students feel safe and protected." - Missy I., Music Specialist, MN

CONTACT

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